



Teacher explains how to pull a gun away.

Students Study Terrorism Defense

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photo by Brian Beard

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On Saturday, students got a closer look at what it would take to wrestle a gun out of the hands of a terrorist.

The teachers were former military and police special forces instructors from Israel. One of them is among only a handful of people in the entire world to have caught a suicide bomber alive.

"Terrorism is out there. Each and every one of us can become a victim. I think it's essential to at least be able to defend yourself or to have the minimum exposure to what it takes to be able to defend yourself," said Albert Timen, defense instructor.

The students also learned about face-to-face combat.

Both instructors are from an academy in New Jersey. They teach civilians, law enforcement, and the military and martial artists.

The class was held at Sho-Shin Martial Arts on East Main Street in Rochester.

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